



**Aristotle University Sports Centre
in partnership with the
Department of Physical Education and Exercise Science
of
Aristotle University of Thessaloniki**





Activities of Auth SC that focus on Pupils' Health and Well-Being (module 3 & 4):



Auth Sports Academies for Children aged from 6 to 12 years old (October 2015-June 2016) (1000 pupils)

- Track & Field
- Soccer
- Basketball
- Volleyball
- Karate
- Tennis
- Gymnastics
- PE Program for preschoolers (3-5years old)



Aim: To engage children to do the sport that they like for fun and for their self

Karate tournament for kids by Auth Sports Academies 5/6/2016 (70 pupils)



Aim: motivate children to take part in a sporting event and test their abilities

Sport festival for pupils by Auth Sports Academies 13/6/2016 (1000 pupils and their parents)



Pedagogical games



Soccer

Aim: engage the whole family in sports activities and change their behaviour about physical activities and sports

Sport festival for pupils by Auth Sports Academies 13/6/2016 (1000 pupils and their parents)



Tennis



Volley

Aim: To engage the whole family in sports activities and change their behaviour about physical activities and sports

Sport festival for pupils by Auth Sports Academies 13/6/2016 (1000 pupils and their parents)



Karate



Gymnastics

Aim: engage the whole family in sports activities and change their behaviour about physical activities and sports

Sport festival for pupils by Auth Sports Academies 13/6/2016 (1000 pupils and their parents)



Basketball



Gymnastics

Aim: engage the whole family in sports activities and change their behaviour about physical activities and sports

Sport festival for pupils by Auth Sports Academies 13/6/2016 (1000 pupils and their parents)



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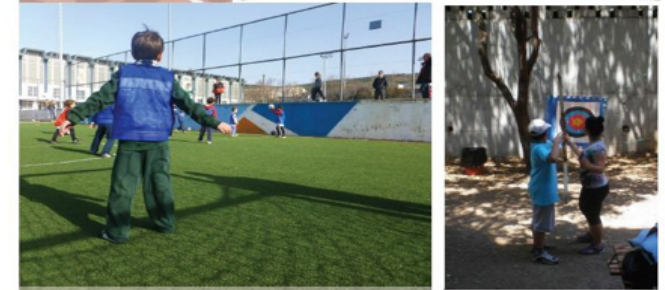
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Sport festival for pupils by Auth Sports Academies 13/6/2016 (1000 pupils and their parents)



Aim: engage the whole family in sports activities and change their behaviour about physical activities and sports

Educational School Tours (visits) to the Auth S.C. (September 2015 – June 2016)



Πρόγραμμα Επισκέψεων Σχολείων



ΑΡΧΙΤΕΚΤΟΝΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟΥ ΚΕΣΣΑΝΟΝΙΚΗΣ
**ΠΑΝΕΠΙΣΤΗΜΙΑΚΟ
ΓΥΜΝΑΣΤΗΡΙΟ**

Επισκεφτείτε το Πανεπιστημιακό
Γυμναστήριο του ΑΠΘ

Πάρτε μέρος σε ένα πρότυπο αθλητικό/εκπαιδευτικό πρόγραμμα. Σε ένα ασφαλές και σύγχρονο περιβάλλον, τα παιδιά μπορούν να αθληθούν, να ψυχαγωγηθούν και να μάθουν μέσα από το πρότυπο πρόγραμμα που χρησιμοποιεί το Π.Γ. με τη βοήθεια εξειδικευμένων Καθηγητών Φυσικής Αγωγής. Δευτέρα με Παρασκευή 9.30-13.30. Κάντε κράτηση στο:

www.gym.web.auth.gr

Aim: introduce physical activity opportunities to pupils during school day trips

Educational School Tours (visits) to the Auth S.C. (September 2015 – June 2016)

192 primary schools

7200 pupils

15th of September – 6th of June

15 trainers

10 activities

4 h (09:00 – 13:00)



Erasmus+



PHWB

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Educational school Tours (visits) to the Auth S.C. (September 2015 – June 2016)



Aim: introduce physical activity opportunities to pupils during school day trips.





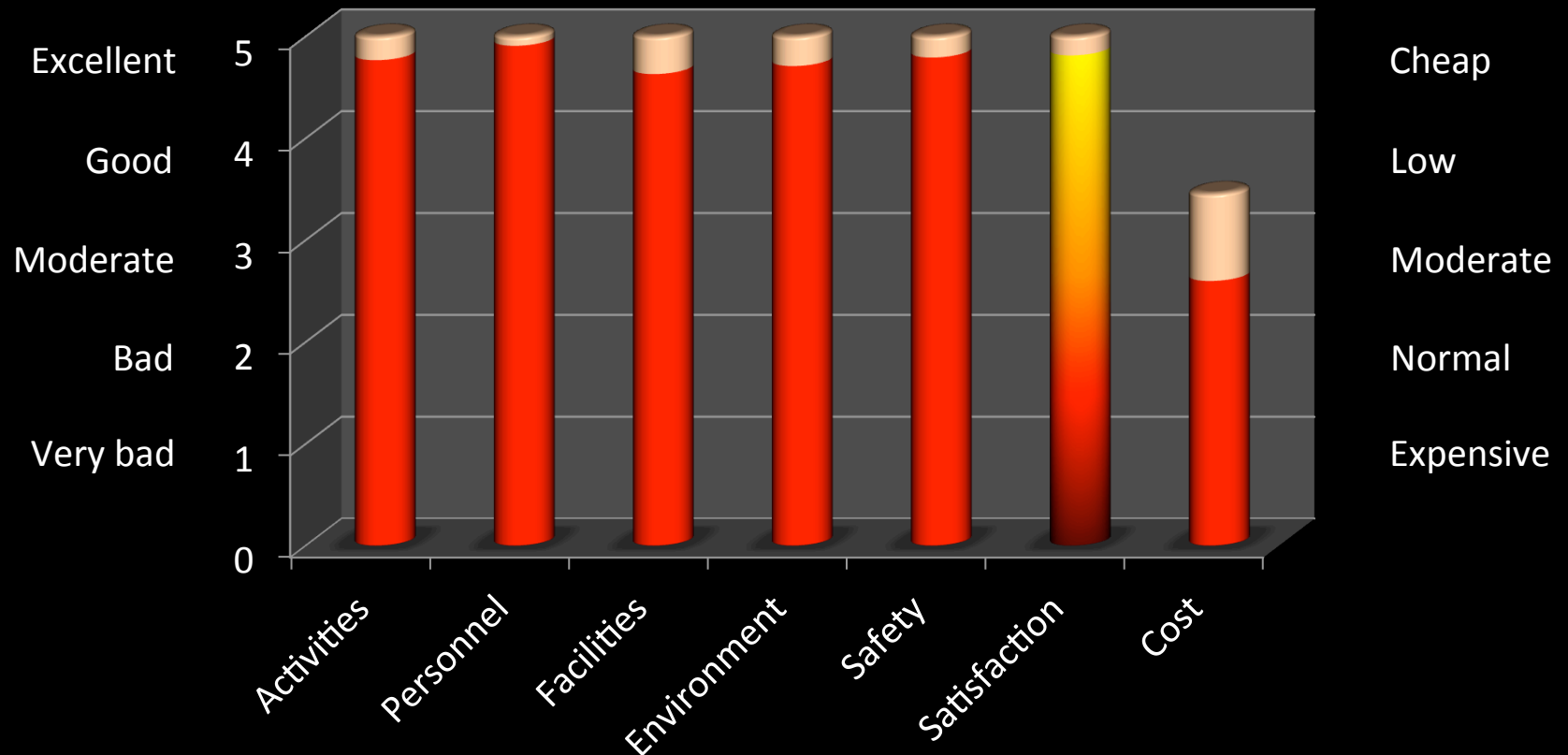
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Educational School Tours (visits) to the Auth S.C. (September 2015 – June 2016)





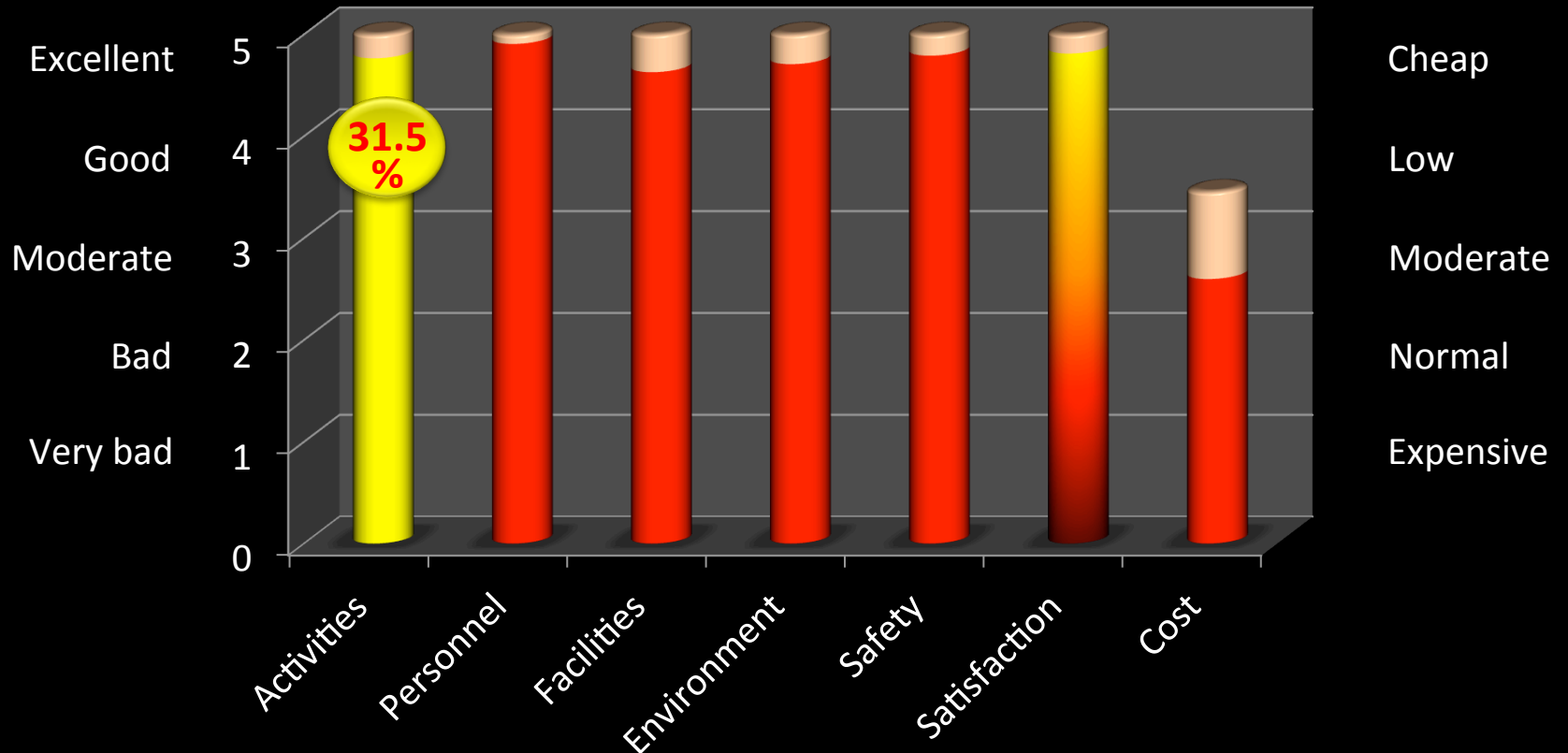
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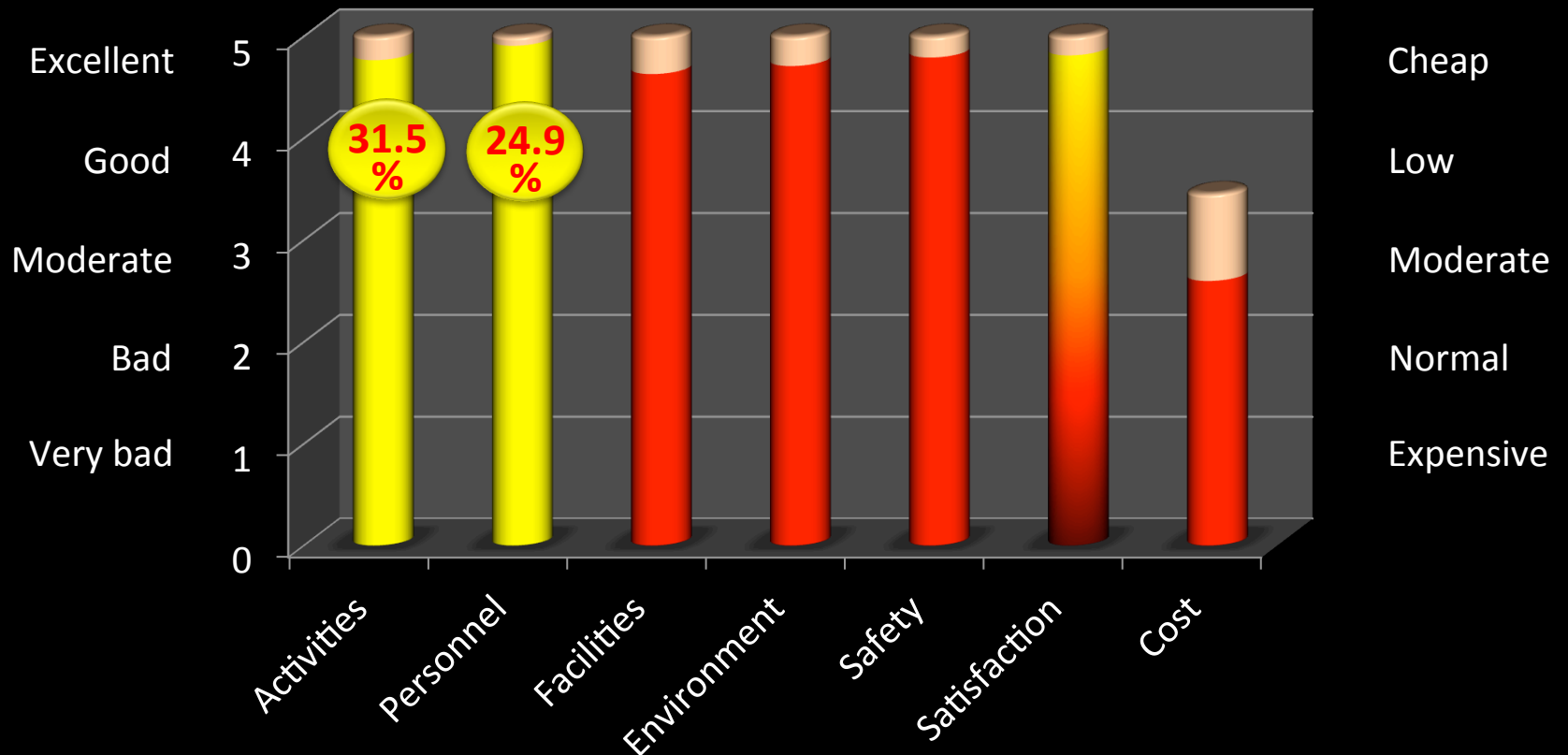
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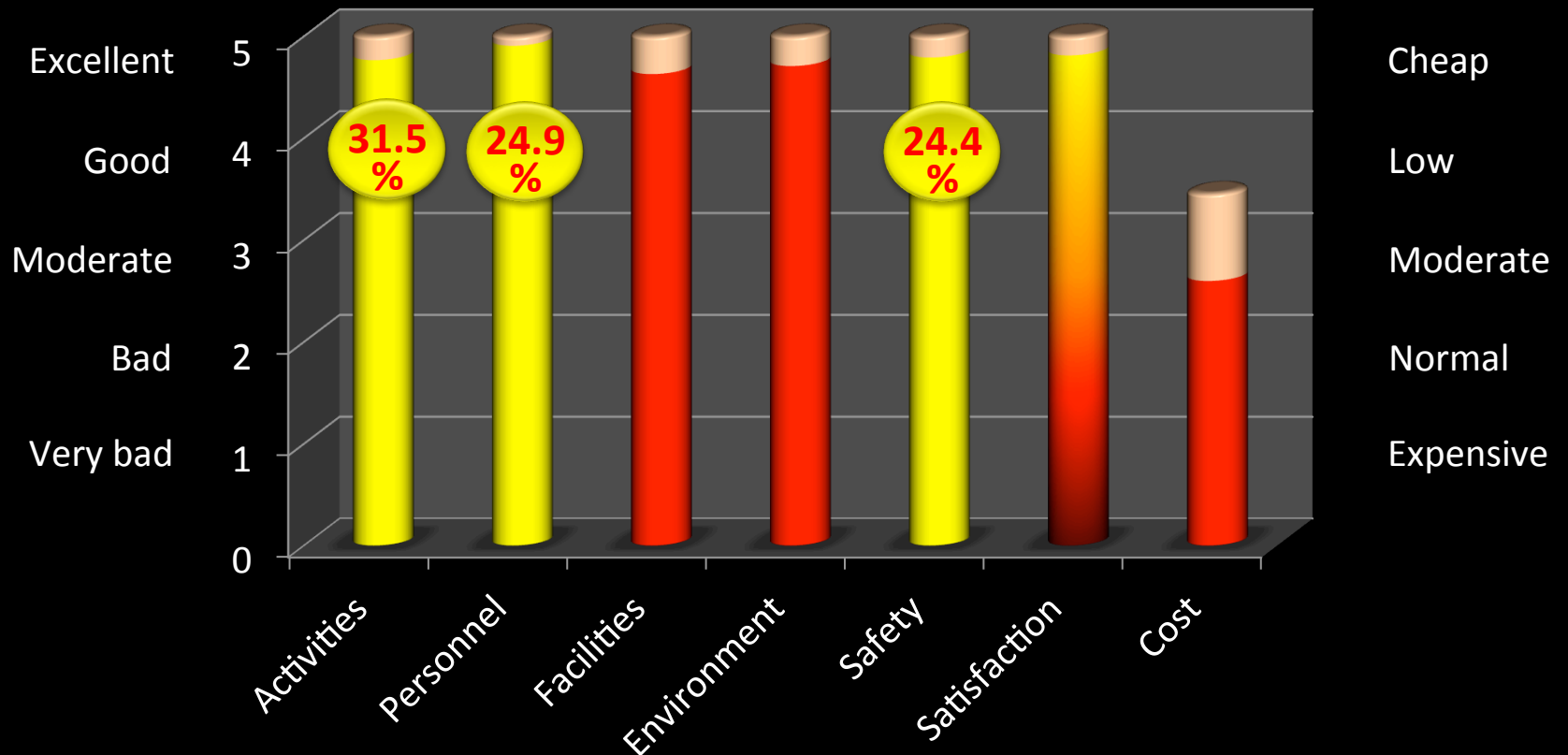
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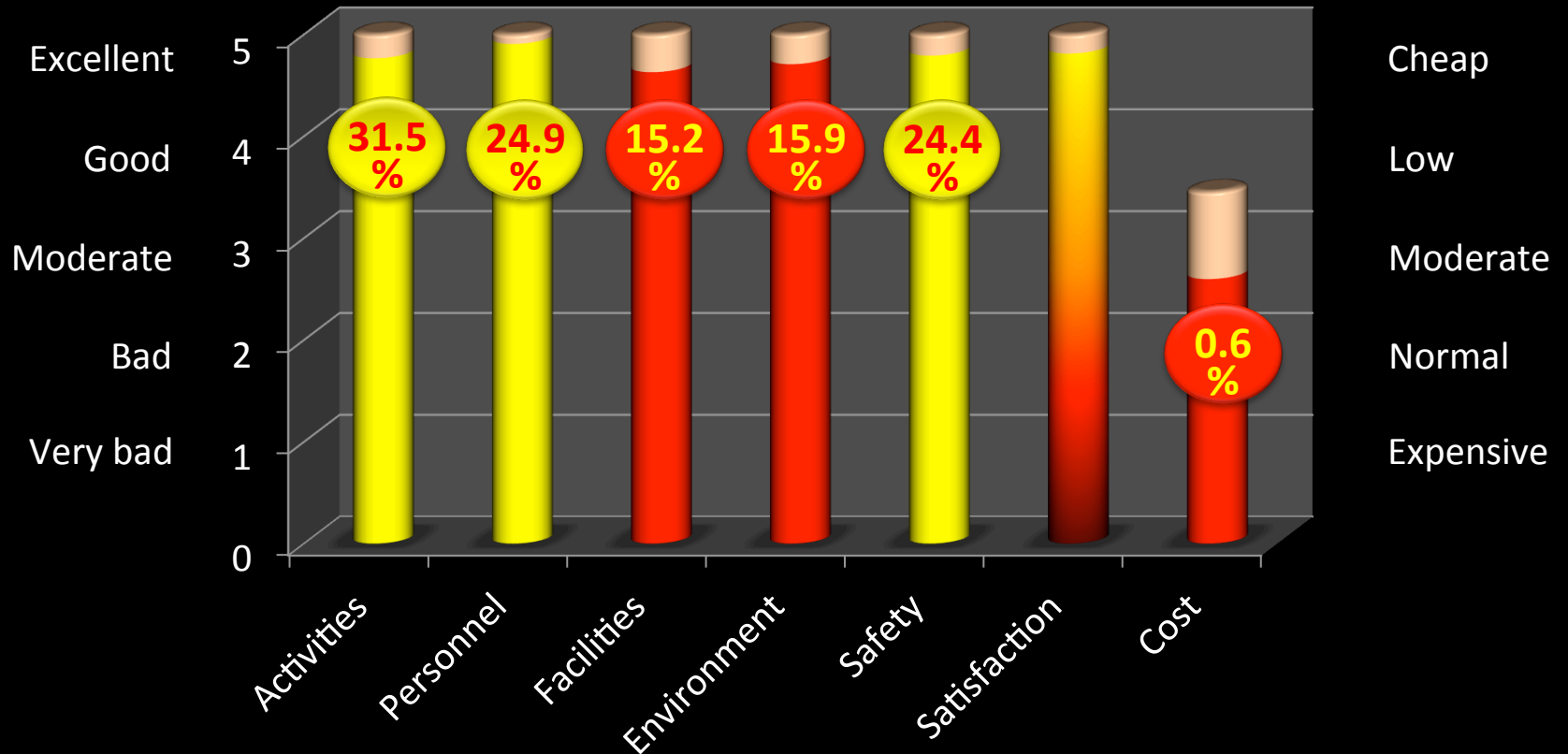
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Educational School Tours (visits) to the Auth S.C. (September 2015 – June 2016)



Auth Summer Day Camp for Children aged from 6 to 12 years old (June-July 2016) (500 pupils)



Aim: The creative occupation of children through sport and learning skills useful for their life.

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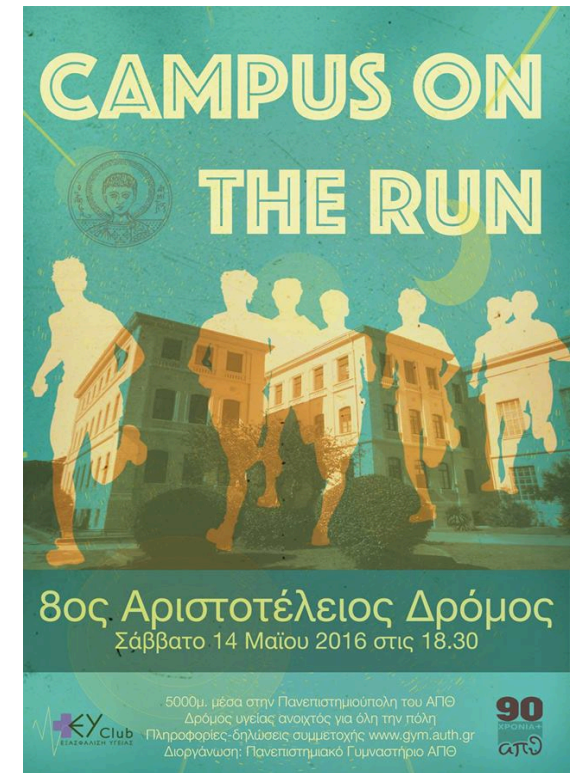
Auth Summer Day Camp for Children aged from 6 to 12 years old (June-July 2016)



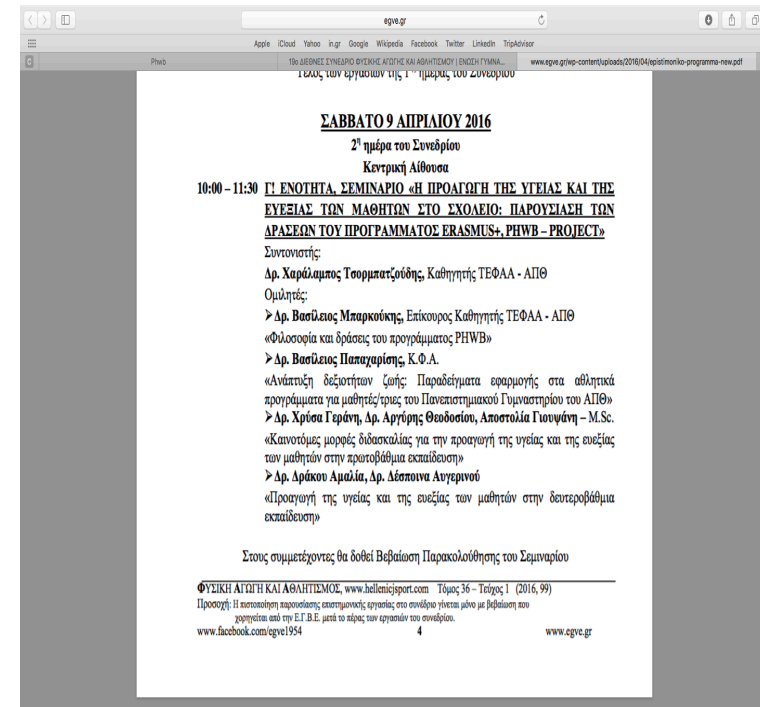
8th Aristotle Run/Campus on the run (14/5/2016)



Aim: Two fold a) to motivate students and their families to participate in a run for their health (1000 m or 5000 m) and b) to disseminate the PHWB actions



19th International Conference for Physical Education & Sports (14/5/2016)



Aim: To disseminate the PHWB actions



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LSBU STUDENT TEACHERS AES PLACEMENT IN GREECE (February, 2016)



Aim: To develop links between the universities and schools through the PHWB project

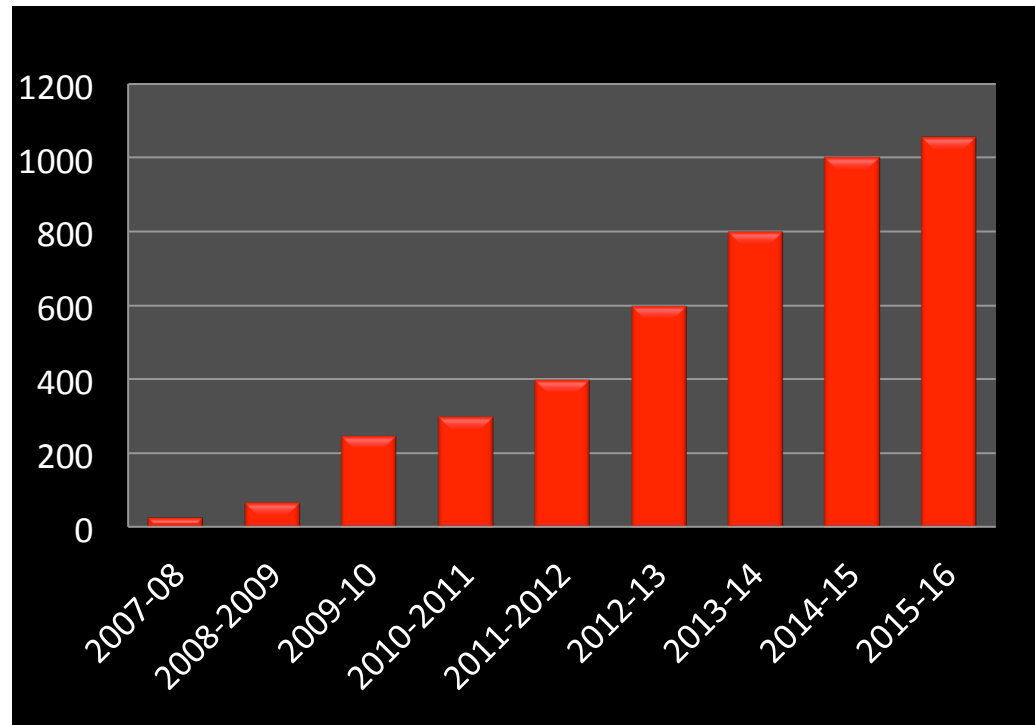
Life long education programme for youth coaching (April–May 2016 56h/4ects)

Aim: To teach and practice the theoretical and practical framework of module 3 & 4 of the PHWB project



Benefits:

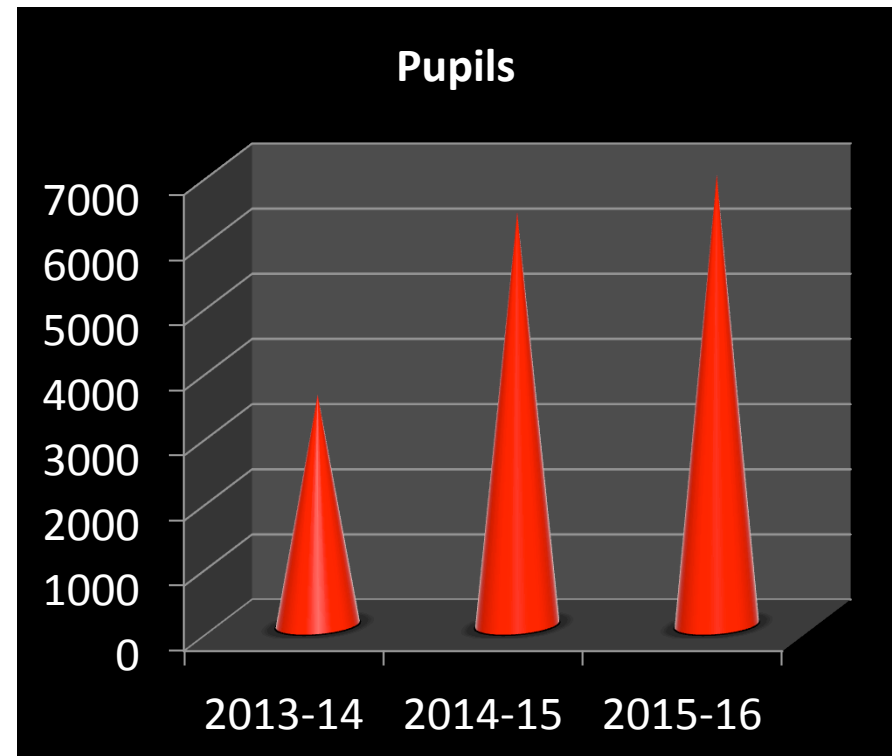
- Increase the numbers of pupils' participation and the viability of the programmes
- Acceptance the value of AUSC programmes from the academic community and the local society
- Implementation of innovative projects through programmes like PHWB





Benefits:

- Pupils were taught sports and motor skills with different teaching styles which offer more opportunities for participation.
- Pupils were taught a large number of different sport activities in order to select some of them as their life long sport
- We started training our personnel in teaching methods and practices of the module 3 and 4





Future plans:

- Educated PE teachers of AUSC in the module of the PHWB project
- Educated PE teachers of elementary schools in the module of the PHWB project
- Prepare the 3rd joint meeting November 2015 Thessaloniki
- Run a life Skills camp for children 6 to 12 years old (September)
- Keep on: sports academies project, educational school trips and collaboration activity with the universities and schools from PHWB project



Thank you for your attention

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