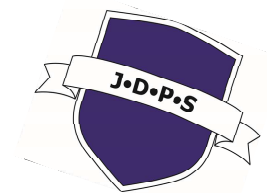


Summer Menu

John Donne School 2016

Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Chicken Sausage with Onion and Rosemary gravy	Chicken Korma	Tuna Pasta Bake	Spicy Meatballs with Tomato & Basil Sauce	Tex Mex Burger
Main Vegetarian Dish	Thai Lentil, Sweet Potato & Coconut Curry	Asparagus & Parmesan Risotto with Summer Herb Dressing	Pumpkin & Lentil Stew	Jacket Potato with a Choice of Filling	Veggie Burger in a Bun
Starchy Dish	Mashed Potato	Steamed Rice	Mashed Potatoes	Boiled Rice	Spicy Potato Wedges
Vegetable	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad
Dessert	Vanilla Ice Cream Pots with Fruit Purée	Chocolate Muffin	Bread & Butter Pudding with Vanilla Custard	Choc Ice	Yoghurt
Fruit	Fruit Selection or Cheese & Biscuits or Fruit Yoghurt	Fruit Selection or Cheese & Biscuits or	Cheese & Biscuits or Fruit Yoghurt	Fruit Selection or Cheese & Biscuits or Fruit Yoghurt	Fruit Selection or Cheese & Biscuits
Drink	Water	Water	Water	Water	Water