

**Key theoretical approaches in
developing a positive and
inclusive climate**

Self-determination theory

Self-determination: The power of an individual to feel free to make his/her own choices.



Types of motivation

Intrinsic
motivation

- Enjoy the lesson

Extrinsic
motivation

- Not considered absence

Amotivation

- I am not at all interested in the lesson

Dimensions of extrinsic motivation

Identification

- I am a good student

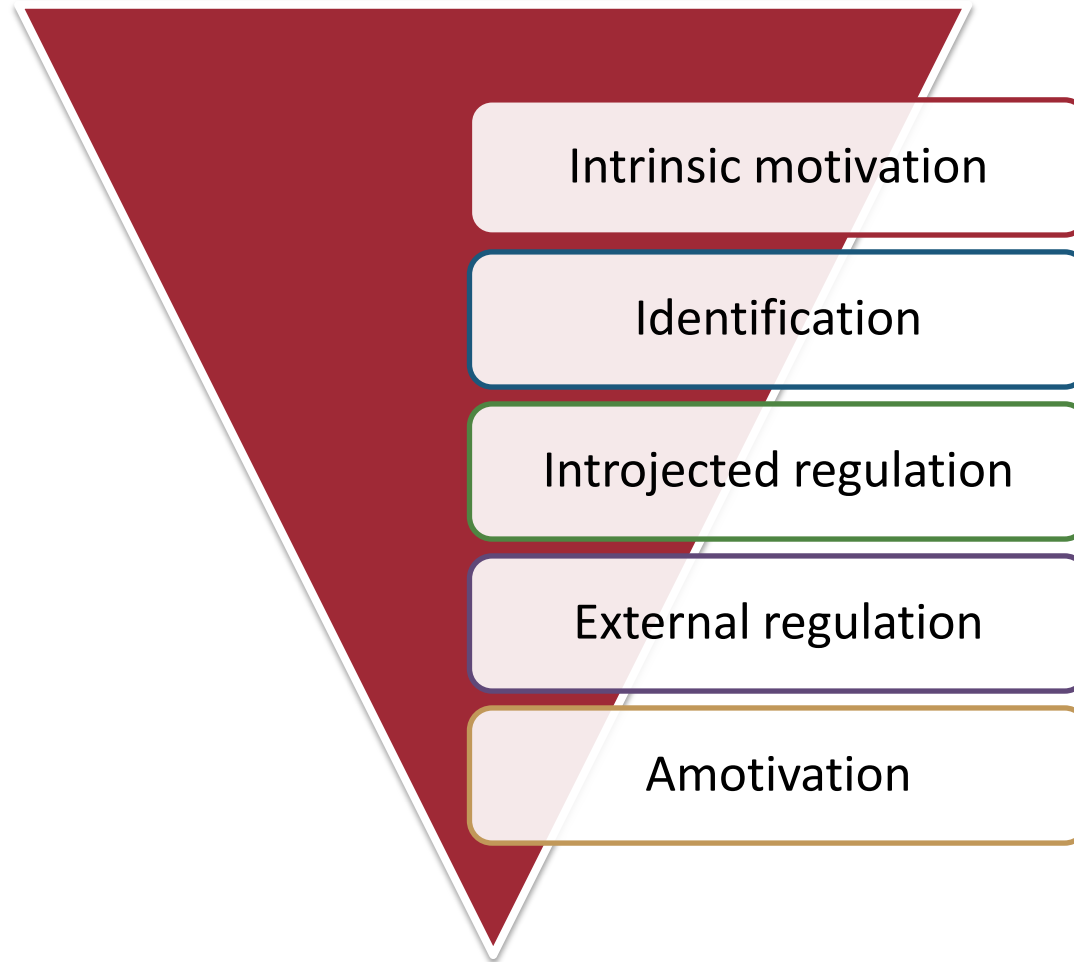
Introjected regulation

- I will be sorry if I don't do it

Extrinsic regulation

- I will get a low grade

Internalization of motivation



Basic psychological needs

Autonomy

- To have choices

Competence

- To be good at what I do

Social
interaction

- To be acceptable and have friends

Function of motivation

Motivational climate

Motivation

- Intrinsic
- Extrinsic
- Amotivation

Effects

- Cognitive
- Emotional
- Behavioural

Basic psychological needs



Achievement goal theory

**Task
orientated**

- Occupation with an activity for learning and improving competence

**Self
orientated**

- Occupation with an activity for competence demonstration and superiority over others

Hierarchical model of approach and avoidance achievement motivation

Mastery goal

- Occupation for learning and improving competence

Performance goal

- Occupation for competence demonstration

Performance avoidance goal

- Occupation for low competence demonstration avoidance

2 x 2 achievement goal framework

Mastery goal

- Occupation for learning and improving competence

Mastery avoidance goal

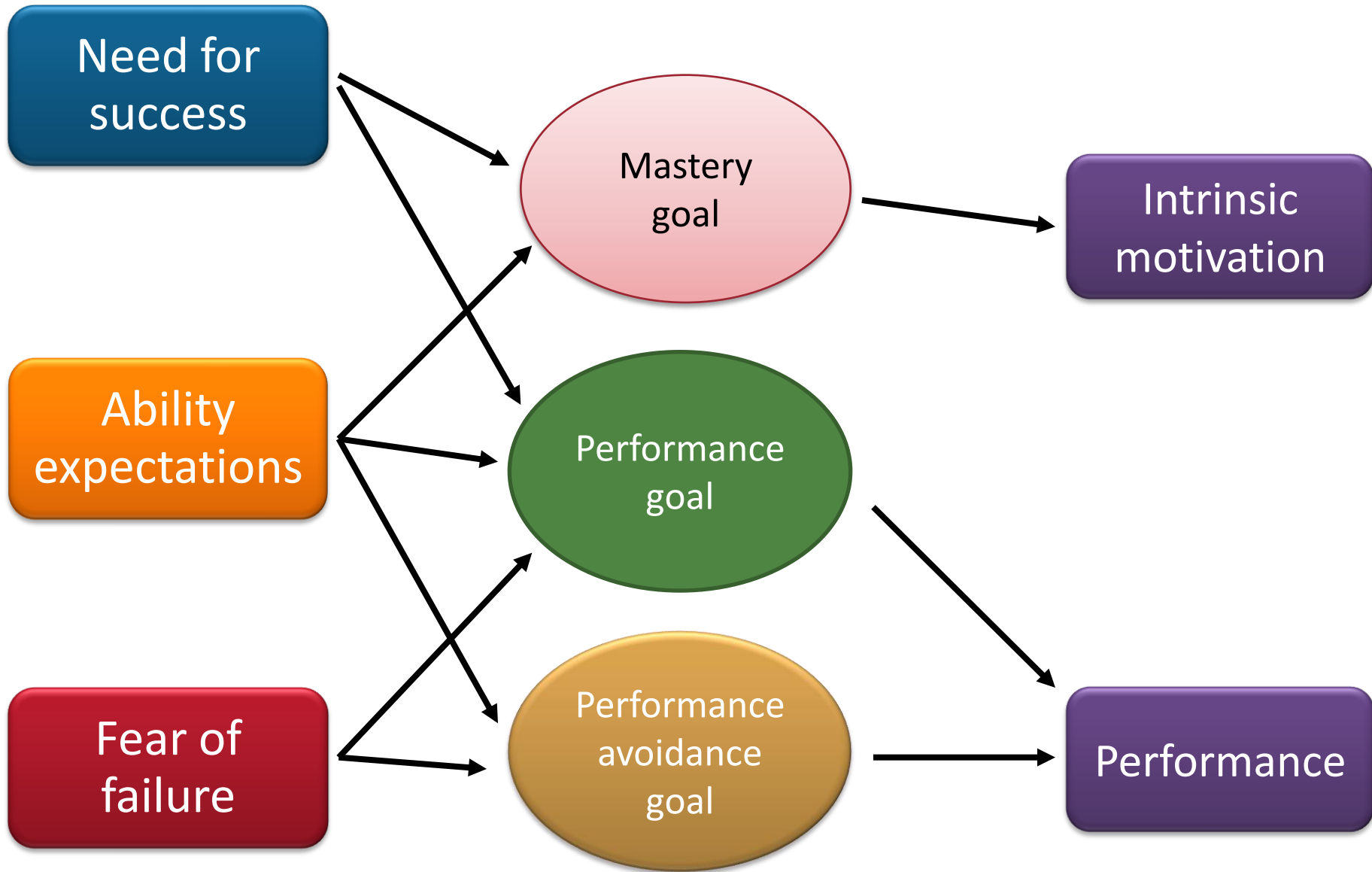
- Occupation for improving competence avoidance

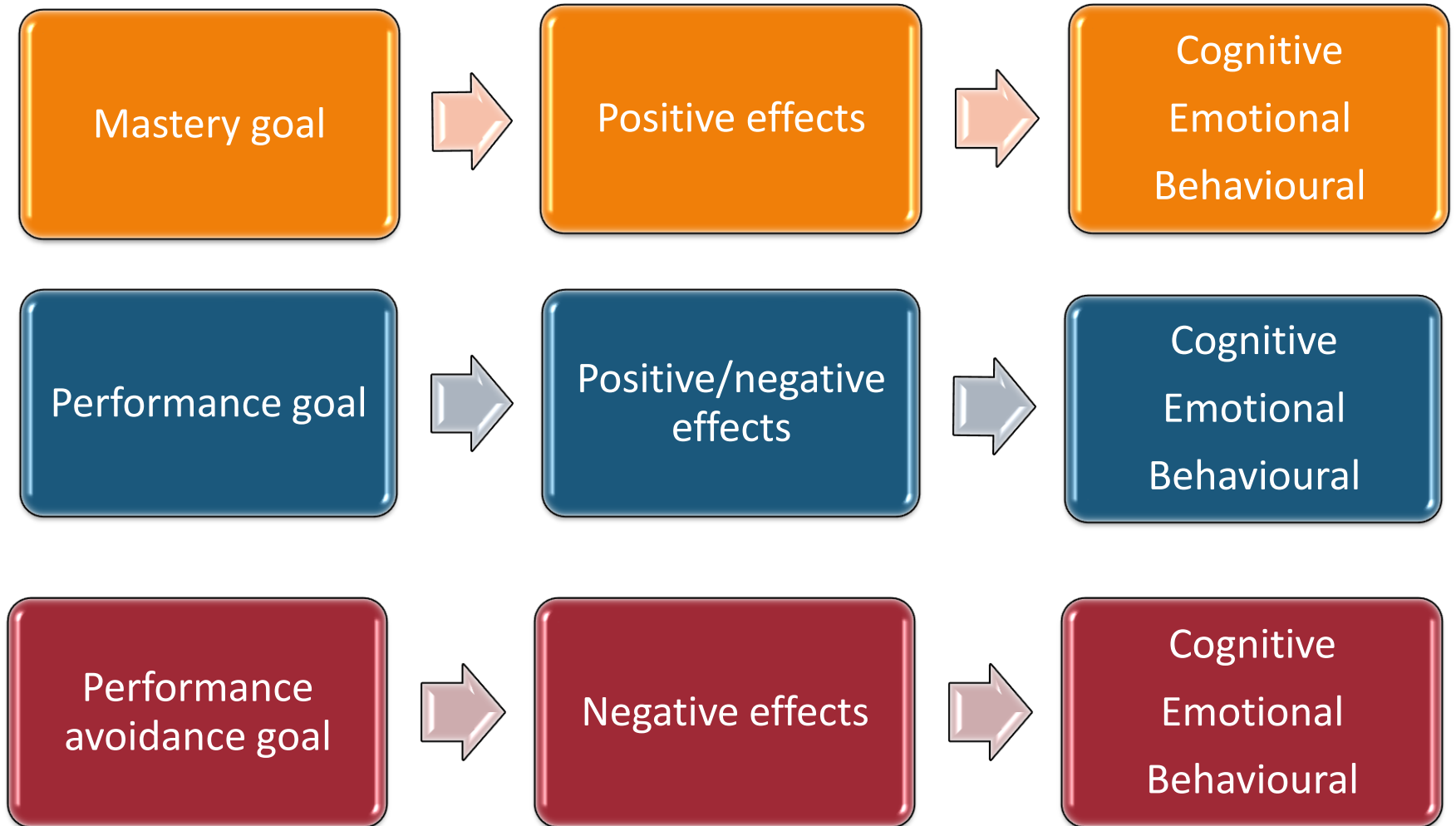
Performance goal

- Occupation for competence demonstration

Performance avoidance goal

- Occupation for low competence demonstration avoidance





SYNOPSIS

