



1st Experimental Primary school of Thessaloniki


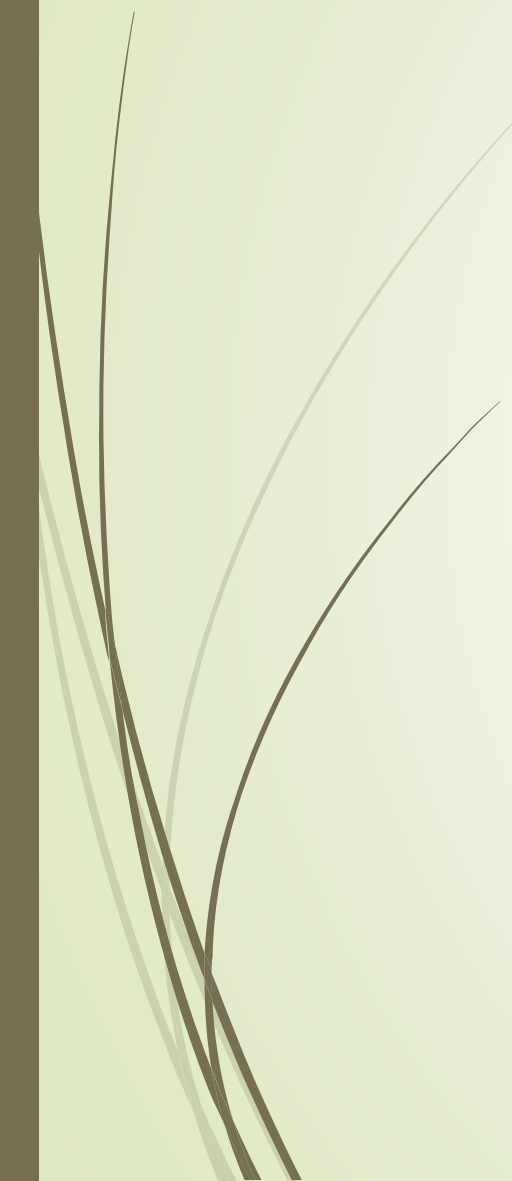
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Physical Education in Greek Primary school


A' - B' class (3 hours per week)

Goals

- ❖ **Physical factor** : Development of perceptual ability
 - Development of kinetic skills
 - Development of physical skills
 - Health promotion
 - rhythm cultivation
 - non verbal communication
- ❖ **Emotional factor** : Moral and social goals
- ❖ **Cognitive factor** : Cognitive Goals

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- Feel of space and time
 - Optical and kinetic synchronization
 - Balance
 - Lateral motion
 - Body Knowledge
 - Respiratory function
 - Imagination and creativity

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- Rhythm cultivation
 - different kind of games
 - Traditional dances
 - swimming



C and D class (3 hours per week)

- Games
- Initiation to famous sports
 - basketball
 - handball
 - volley ball
 - football
 - sports ground with track



E and last class of primary (2 hours per week)

sports :

basketball

handball

volley ball

football

sports ground with track

gymnastics

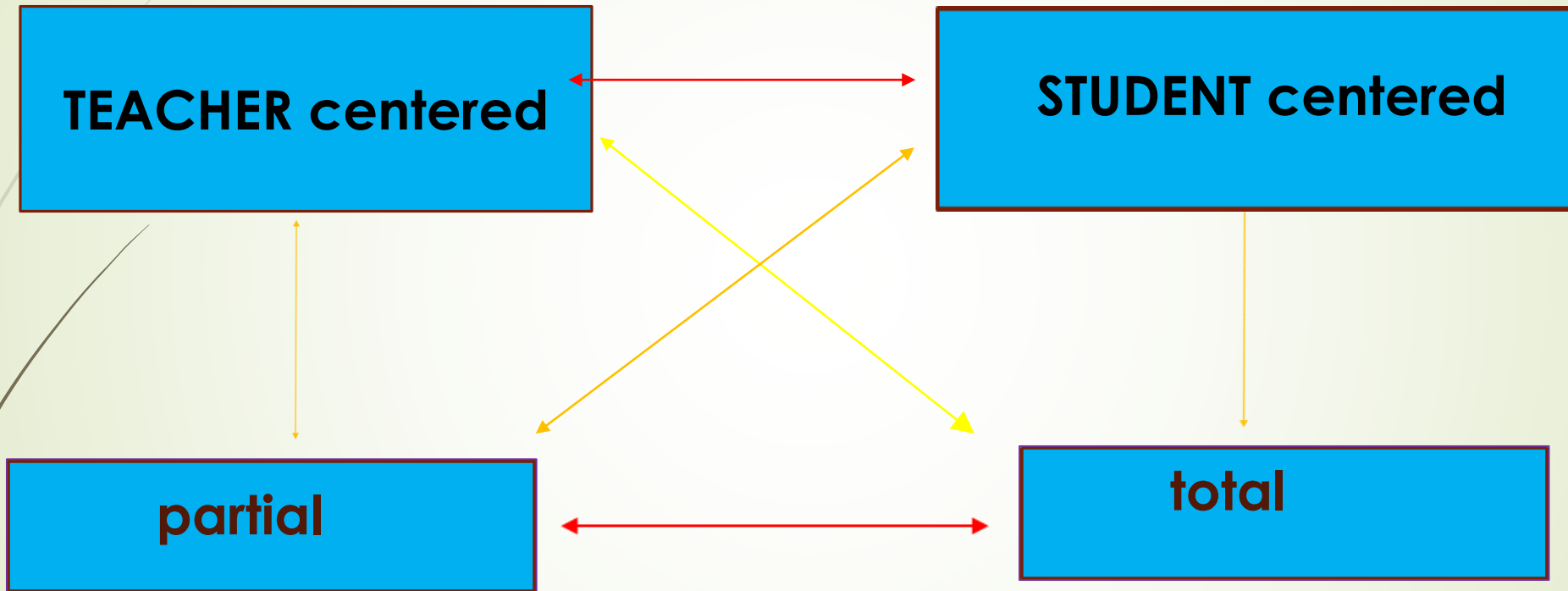
traditional dances

participation in School teams

School teams



TEACHING METHODS



Harmonic combination

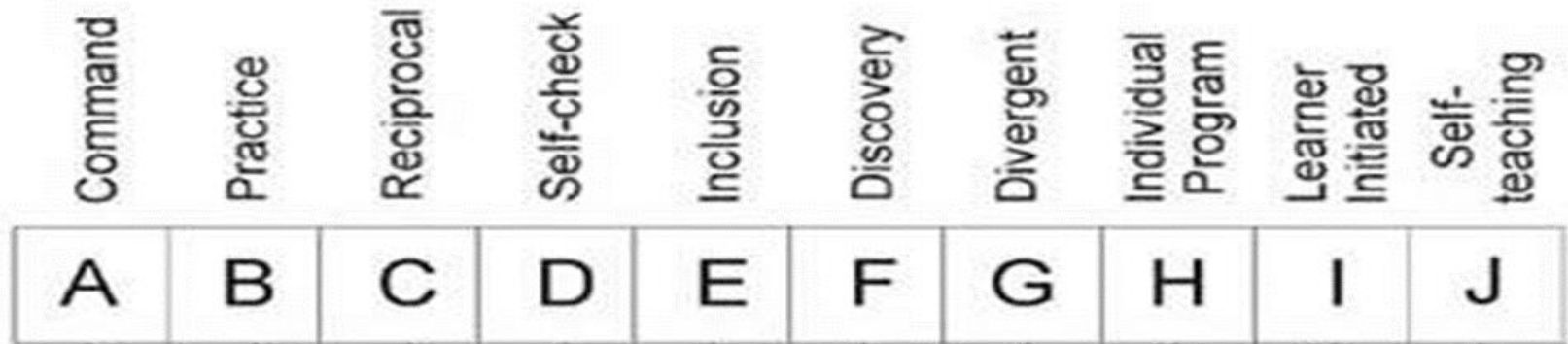


Weakness of cooperation

← **Teacher centred**

Student centred →

Spectrum of Styles



Phases of Decision-Making

Planning
Execution
Evaluation

Range of Decision-Making by Teacher and Student



Hellenic School Sport Day

New institution since 2014

Every first Monday of October

❖ The theme changes every year

2014 Racism

2015 equality

2016 Exercise for all



Advantages of Experimental School

- Clubs (without fees)
- Innovation of teaching methods
- Qualitative education
- Educational innovative programs/ cross- curricular teaching
 - cultural
 - enviromental
 - well-being
- European Programs
 - Comenius
 - Etwinning
 - Erasmus+ KA2
 - Teachers for Europe



CLUBS (2016-2017)

- mini tennis
- ski
- journalism
- theatre
- black theatre
- art
- cinema
- english
- spanish
- creative writing
- robotics
- computer
- music and poetry
- astronomy





Education is not the learning of facts, but the training of the mind to think.

-Albert Einstein